

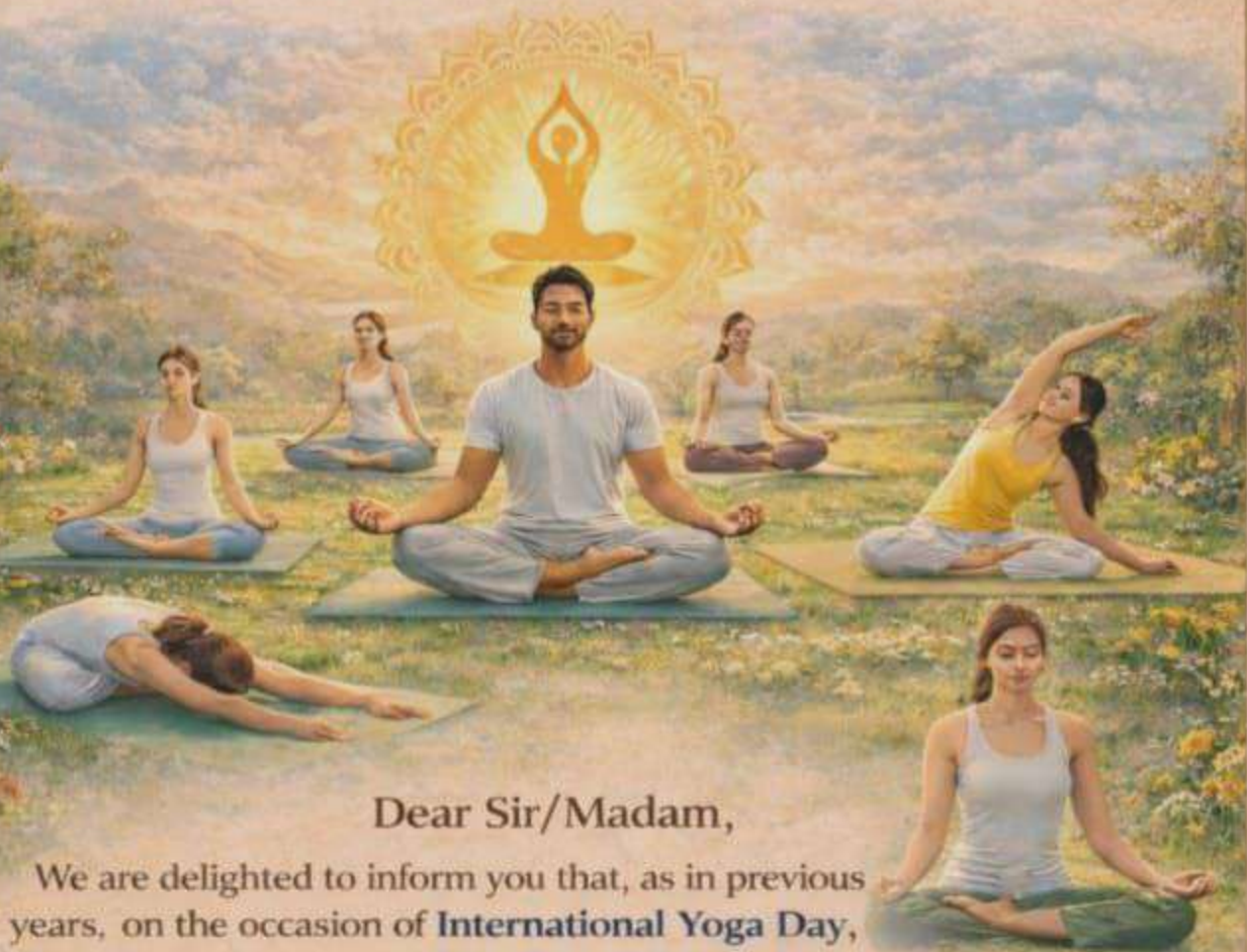
# INTERNATIONAL YOGA DAY – 2026

Chaudhary Charan Singh University, Meerut

Organizes a

## Seven-Day Free Yoga Camp

→ Awaken the Mind • Strengthen the Body • Enrich the Soul ←



Dear Sir/Madam,

We are delighted to inform you that, as in previous years, on the occasion of **International Yoga Day**, **Chaudhary Charan Singh University, Meerut**, under the guidance of the world-renowned yoga guru Swami Karmveer Ji Maharaj, is organizing a **Seven-Day Free Yoga Camp**.

📅 **Date:** 15 June 2026 (Monday) to 21 June 2026 (Sunday)

📍 **Venue:** Sports Ground, Chaudhary Charan Singh University, Meerut

🕒 **Time:** 5:00 AM to 7:00 AM

India is recognized throughout the world as the birthplace of Yoga. The health and character-building of our youth form the foundation of nation-building. With this objective, this free yoga camp is being organized. ☺

**Thank You!**

Organized by

**Department of Yogic Science**